



18TH INTERNATIONAL CONGRESS OF CLINICAL PSYCHOLOGY



PROGRAM/SCHEDULE

AUDITORIUM 1

AUDITORIUM 2

AUDITORIUM 3

Wednesday, November 12, 2025

11.00 h. AUDITORIUM 1

OPENING KEYNOTE



THE ANTECEDENTS AND ANTIDOTES TO
WOMEN'S HEALTH DISPARITIES AROUND
THE WORLD

Cynthia de las Fuentes

President

American Psychological Association
(APA)

UNITED STATES OF AMERICA

12.00 h. AUDITORIUM 1

KEYNOTE



FIVE DECADES OF RESEARCH ON
PSYCHOTHERAPY FOR DEPRESSION:
OVERVIEW OF A META-ANALYTIC
RESEARCH DOMAIN

Pim Cuijpers

Professor Emeritus of Clinical Psychology
University of Amsterdam

NETHERLANDS

12.00 h. AUDITORIUM 2

PRACTICAL LECTURE



EMPRENDIMIENTOS SOLIDARIOS Y
ATENCIÓN EN SALUD MENTAL EN
POBLACIÓN RURAL EN COLOMBIA

Carlos Enrique Garavito Ariza

Coordinador de la Comisión Nacional
de Políticas Públicas
Colegio Colombiano de Psicólogos

COLOMBIA

13.00 h. AUDITORIUM 1

KEYNOTE



ASPECTOS DISTINTIVOS DE LAS
TÉRAPIAS COGNITIVO-CONDUCTUAL
EN GRUPOS

Carmem Beatriz Neufeld

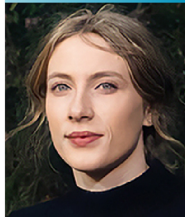
President

Latin-American Federation of Cognitive
and Behavioral Psychotherapies

ALAPCCO

13.00 h. AUDITORIUM 2

PRACTICAL LECTURE



DEATH ANXIETY: WHAT IS THE EVIDENCE
FOR ITS ROLE IN MENTAL ILLNESS?

Rachel Menzies

School of Psychology
The University of Sydney

AUSTRALIA

15.00 h. AUDITORIUM 1

KEYNOTE



UNDERSTANDING AND TREATING
POST-TRAUMATIC STRESS DISORDER:
A COGNITIVE APPROACH

Anke Ehlers

Professor of Experimental
Psychopathology
University of Oxford

UNITED KINGDOM

15.00 h. AUDITORIUM 2

INVITED SYMPOSIUM



MODELO DE ATENCIÓN ESCALONADO EN
LOS TCA: LA FORMACIÓN DEL PSICÓLOGO
INTERNO RESIDENTE

Claudia Rodríguez Torrella (Coord.)

Hospital Clínic de Barcelona

SPAIN

16.00 h. AUDITORIUM 1**KEYNOTE**

EJERCICIO FÍSICO Y SÍNTOMAS NEGATIVOS EN LA ESQUIZOFRENIA: ¿QUÉ ES EXACTAMENTE LO QUE SABEMOS Y HACEMOS?

Juan Fco. Rodríguez Testal
Catedrático de Psicopatología
Universidad de Sevilla

SPAIN

16.00 h. AUDITORIUM 2**PRACTICAL LECTURE**

THE DIRT ROAD TO PSYCHOPATHOLOGY: DISGUST-BASED MECHANISMS AND THEIR RELEVANCE FOR THERAPY

Peter de Jong
Professor of Experimental
Psychopathology
University of Groningen

NETHERLANDS

17.00 h. AUDITORIUM 1**KEYNOTE**

FOCUS ON TRAUMA AND MENTAL DISORDERS: THE CONTRIBUTION OF EMDR

Isabel Fernández
President
EMDR European Association

EUROPE

Thursday, November 13, 2025

11.00 h. AUDITORIUM 1**KEYNOTE**

A PROCESS-ORIENTED COGNITIVE-BEHAVIORAL APPROACH TO ANXIETY: THEORY AND TREATMENT

David A. Clark
Professor Emeritus of Clinical
Psychology
University of New Brunswick

CANADA

12.00 h. AUDITORIUM 1**KEYNOTE**

DIGITALIZATION IN CHILDHOOD: CHALLENGES AND ORGANIZATIONAL RESPONSES

Amanda Clinton
Senior Director of Office of International
Affairs
American Psychological Association (APA)

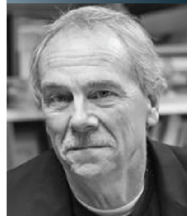
UNITED STATES OF AMERICA

12.00 h. AUDITORIUM 2**PRACTICAL LECTURE**

CONCEPTUALIZACIÓN Y AFRONTAMIENTO DEL PERFECCIONISMO DESDE LA TERAPIA RACIONAL EMOTIVA CONDUCTUAL COMO ABORDAJE TRANSDIAGNÓSTICO

Natalia Ferrero Delgado
Presidenta
Asociación Peruana de Terapias
Cognitivo-Conductuales

PERU

13.00 h. AUDITORIUM 1**KEYNOTE**

WHAT WE GOT WRONG ABOUT DEPRESSION: AN EVOLUTIONARY PERSPECTIVE

Steven D. Hollon
Professor
Vanderbilt University
APA Distinguished Scientific Awards

UNITED STATES OF AMERICA

13.00 h. AUDITORIUM 2**INVITED SYMPOSIUM**

LA DANZA HERRAMIENTA EMERGENTE Y COADYUVANTE EN LA CLÍNICA DE LA DEPRESIÓN

Amador Cernuda Lago (Coord.)
Profesor y Subdirector del Instituto
Universitario Danza Alicia Alonso
Universidad Rey Juan Carlos

SPAIN

15.00 h. AUDITORIUM 1
KEYNOTE



APPLYING LEARNING FROM NHS STAFF
MENTAL HEALTH AND WELLBEING HUBS
TO SHAPE FUTURE PROVISION
Roman Raczka
President
The British Psychological Society

UNITED KINGDOM

15.00 h. AUDITORIUM 2
PRACTICAL LECTURE



TRATANDO UN CASO CON DIFERENTES
PSICOPATOLOGÍAS USANDO LA TERAPIA
BASADA EN PROCESOS
Olivia Gamarra
Presidenta
Academia Paraguaya de Psicología
Cognitivo Conductual

PARAGUAY

16.00 h. AUDITORIUM 1
KEYNOTE



AVANCES EN EL DIAGNÓSTICO Y
EVALUACIÓN DE LA DEPRESIÓN
Gualberto Buela-Casal
Catedrático de Psicología Clínica
Presidente de la AEPC

SPAIN



Alejandro Guillén Riquelme
Investigador Senior
Universidad Internacional de Valencia
(VIU)

SPAIN

16.00 h. AUDITORIUM 2
INVITED SYMPOSIUM



HOSPITAL DE DIA EM PEDOPSIQUIATRIA:
PRÁTICAS DE INTERVENÇÃO
MULTIDISCIPLINAR COM CRIANÇAS EM
IDADE ESCOLAR
**Marisa Isabel Trindade Tomé
Marques Alves (Coord.)**
Hospital Pediátrico de Coimbra,
Unidade Local de Saúde de Coimbra
PORTUGAL

17.00 h. AUDITORIUM 1
KEYNOTE



THE CLINICAL IMPLICATIONS OF TIME
CONSTRUCTS: PREVENTING
MALADJUSTMENT AND INTERVENING IN
SOCIOEMOTIONAL DISTRESS
Frank C. Worrell
Distinguished Professor
University of California, Berkeley
Past President
American Psychological Association (APA)

UNITED STATES OF AMERICA

Friday, November 14, 2025

11.00 h. AUDITORIUM 1
KEYNOTE



YOU SHOULDN'T FEEL THAT WAY— BUT
YOU DO: COPING WITH DIFFICULT
EMOTIONS SUCH AS REGRET
Robert L. Leahy
Professor of Clinical Psychology
Weill Cornell Medical College
Director
American Institute for Cognitive Therapy
UNITED STATES OF AMERICA

12.00 h. AUDITORIUM 1**KEYNOTE**

DEVELOPING AND DISSEMINATING NOVEL
TRANSDIAGNOSTIC TREATMENTS TO
IMPROVE MENTAL HEALTH

Allison Harvey

Professor of Clinical Psychology
Director
The Golden Bear Sleep and Mood
Research Clinic
University of California, Berkeley

UNITED STATES OF AMERICA

13.00 h. AUDITORIUM 1**KEYNOTE**

TERAPIA RACIONAL EMOTIVA
CONDUCTUAL (TREC) PARA
CONSULTANTES CULTURALMENTE
DIVERSOS: CONSIDERACIONES CLÍNICAS

Maria Celeste Airalde

President
International Association for Rational
Emotive Behavior Therapy

IAREBT

15.00 h. AUDITORIUM 1**KEYNOTE**

AN INTRODUCTION TO COMPASSION
FOCUSED THERAPY

Paul Gilbert

University of Derby
President and Founder of the
Compassionate Mind Foundation

UNITED KINGDOM

16.00 h. AUDITORIUM 1**KEYNOTE**

ASSESSMENT AND TREATMENT OF
SOCIAL PHOBIA

Ron Rapee

Director of the Center for Emotional
Health (CEH)
Macquarie University

SYDNEY, AUSTRALIA

12.00 h. AUDITORIUM 2**INVITED SYMPOSIUM**

APLICACIÓN DEL MODELO ACT EN LA
ATENCIÓN PRIMARIA: FUNDAMENTOS,
APLICACIÓN Y RESULTADOS

Ivette Morilla Figueras (Coord.)

Hospital Clínic de Barcelona

SPAIN

13.00 h. AUDITORIUM 2**PRACTICAL LECTURE**

SOCRATIC QUESTIONING 2.0: USING THE
HEAD AND THE HEART FOR LASTING CHANGE

Scott Waltman

Center for Dialectical and Cognitive Behavior
Therapy
President of the Academy of Cognitive
Behavioral Therapy
International Association of Cognitive
Behavioral Therapy

IACBT

15.00 h. AUDITORIUM 2**PRACTICAL LECTURE**

CÓMO HACER UNA REVISIÓN
SISTEMÁTICA EN CIENCIAS DE LA SALUD

Alejandro Guillén Riquelme

Investigador Senior
Universidad Internacional de Valencia
(VIU)

SPAIN

AUDITORIUM 3 ON-DEMAND

Wednesday, November 12 - Friday, November 14, 2025

Wednesday 12, 11.00 h - Friday 14, 19.00 h

**Workshops,
Oral and Written Clinical Cases,
Oral and Written Presentations (Posters)**

Todas las sesiones serán impartidas en el idioma en el que está su título/ Unless otherwise indicated, all sessions will be offered in the language of their title/ Todas as sessões serão apresentadas no idioma em que está o seu título

El horario está programado según el huso horario de Madrid / The schedule is programmed according to the time zone of Madrid/ A hora é programada de acordo com o fuso horário de Madrid.